## Abigail Cotner Anderson, M.D. University of Colorado Anschutz Medical Campus 12469 E 17<sup>th</sup> Ave Mail Stop F429, Aurora, CO 80045

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Last updated: November 16, 2025

#### **Current Position**

Assistant Professor of Neurology Headache/Pain Program University of Colorado School of Medicine Aurora, Colorado

#### **Education**

1995-1996	Fellow in Headache/Pain Management, University of North Carolina, Chapel Hill, North Carolina
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1994-1995	Chief Resident in Neurology, University of North Carolina, Chapel Hill, North Carolina
1992-1995	Resident in Neurology, University of North Carolina, Chapel Hill, North Carolina
1991-1992	Intern in Internal Medicine, University of Kansas, Kansas City, Kansas
1987-1991	MD, University of Oklahoma College of Medicine, Oklahoma City/Tulsa, Oklahoma
1984-1987	Bachelor of Science in Cellular Biology, University of Tulsa, Tulsa, Oklahoma
1983-1984	Freshman year, Oklahoma State University, Stillwater, Oklahoma

### **Academic Appointments**

2023-Present Assistant Professor of Neurology

Headache/Pain Program, Neurology Department University of Colorado School of Medicine

Aurora, Colorado

1996- 1997 Fellow Associate

Headache Clinic, Department of Neurology

University of Iowa Iowa City, Iowa

#### **Professional Positions and Experiences**

2006-2024	Associate Medical Director
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Center for Personalized Education for Professionals

Denver, Colorado

2014- 2022 Consulting Headache Neurologist

Colorado Permanente Medical Group

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Denver, Colorado

2012-2016 Attending Physician (Volunteer)

Department of Neurology

VA Eastern Colorado Health Care System-VISN19,

Denver, Colorado

2009-2012 Compensation and Pension Fee Basis Examiner

VA Eastern Colorado Health Care System-VISN19,

Denver, Colorado

2006 Expert Neurology Content Reviewer

Micromedex

Greenwood Village, Colorado

1999-2004 General Neurology/Headache

Neurospecialty Associates

Denver, Colorado

1997-1999 Headache specialist

Rehabilitation Associates of Colorado

Englewood, Colorado

#### **Certifications and Licensure**

1997-Present American Board of Psychiatry and Neurology (ABPN)

Neurology

2011-Present Colorado

#### **Professional Development**

11/2025 Completed University of Colorado Peer Support and Coaching Training 4/2025 Completed University of Colorado IHQSE Quality and Safety Academy

## **Professional Memberships and Activities**

American Academy of Neurology American Headache Society Colorado Medical Society

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## **Committee Assignments and Administrative Services**

2023 - 2024 FTE definition committee, University of Colorado College of Medicine Department of Neurology

2024-Present Physician Well-Being Lead, Department of Neurology University of Colorado School of Medicine

## **Clinical Quality Improvement Activities**

1/2025 – present Chairperson of syNAPSE (nurse-APP-Physician-Staff Engagement) committee

#### **Educational Activities**

#### **Didactic Sessions**

2023-present: Presentations to Fellows/Residents, University of Colorado

	2023	Psychedelics in pain
	2022	Chronic Cluster and opioid prescribing, case presentation
	2023 2024 2025	Prescribing Controlled Substances
	2023 2024	Physical Therapy Management of Headache (case co-presenter)
	2024 2025	Fundamentals of Chronic Pain Management
023	- present: Preser	ntations to Headache Nurses Lunch and Learn – UC Health

2023- present: Presentations to Headache Nurses Lunch and Learn – UC Health 2023 Functional Neurologic Disorders

## **Course and Curriculum Design**

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- 2022 2023 "Life After Residency" program development and presenter, Colorado Medical Society/COPIC
- 2017-2020 Course design and Instructor for CME course, Basics of Chronic Pain Management Essentials for the Non-Pain Management Specialist, Center for Personalized Education for Professionals

#### Clinical teaching

2023-present Supervision and teaching of residents/fellows outpatient headache clinic – 4 hours per month

#### **Mentoring Activities**

2023-present Elena Penhos, University of Colorado, Neurology Resident.

#### **Publications**

#### Peer-reviewed articles

Pisani Petrucci SL, Andonov N, Lennarson P, Birlea M, O'Brien C, Wilhour D, Anderson A, Bennett JL, Callen AL. Assessing the Diagnostic Value of Brain White Matter Hyperintensities and Clinical Symptoms in Predicting the Detection of CSF Venous Fistula in Patients with Suspected Spontaneous Intracranial Hypotension. AJNR Am J Neuroradiol. 2024 Oct 23:ajnr.A8548. doi: 10.3174/ajnr.A8548. Epub ahead of print. PMID: 39443147.

Callen AL, Han L, Pisani Petrucci SL, Andonov N, Lennarson P, Birlea M, O'Brien C, Wilhour D, Anderson A, Bennett JL, Carroll IR. Patterns of clinical and imaging presentations in patients with spontaneous intracranial hypotension due to spinal cerebrospinal fluid venous fistula: A single-center retrospective cross-sectional study. Headache. August 2024. PMID: 39129307

William F. Taylor, MD, Alan G. Finkel, MD, Kevin R. Robertson, PhD, **Abigail C. Anderson, MD**, Timothy C. Toomey, PhD, Sandra A. Abashian, RN, and J. Douglas Mann, MD. Methadone in the treatment of chronic nonmalignant pain: a 2-year follow-up. Pain Med1(3):2549,2000. https://pubmed.ncbi.nlm.nih.gov/15101892/

#### Posters/Abstracts

**Anderson AC,** Mann JD, Finkel AG, Vaughn BV. Intranasal steroids for the treatment of head pain. Poster – Thirty-Eighth Annual Scientific Meeting The American Association for the Study Headache, San Diego, CA, May 1996.

https://headachejournal.onlinelibrary.wiley.com/doi/10.1046/j.1526-4610.1996.t01-1-3604261.x

Cortese, E, Ho, B, Henderson, D, Potigailo, V, **Anderson, A.** Case of hypoplastic Left Meckel's Cave with Trigeminal Neuralgia. Poster – Sixty-Third Annual Meeting of the American Society of

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Neuroradiology, Philadelphia, PA, May 2025 (Provided mentorship and case material to Radiology Resident presenter).

### **Oral Presentations/Invited**

- 9/2016 Avoiding the Pitfalls of Opioid Prescribing. Colorado Medical Society Annual Meeting. Keystone Colorado
- 10/2013 The Aging Physician, Colorado Association of Medical Staff Services ("CAMSS") Fall Conference, Loveland, Colorado, (Invited presentation)

#### Honors/Awards

1991 University of Oklahoma, Graduate with Distinction

## **Community Service**

2022-2024	Member of the Benzodiazepine Working Group, Colorado Consortium for Prescription Drug Abuse Prevention
2021-2022	Chartered Organization Representative and Outstanding Scouter, Scouts BSA
2020-2021	Euclid Middle School Equity Committee, Littleton Public Schools
2017-2018	Special Services Advisory Committee (SSAC) subcommittee, Littleton Public Schools
2016-2019	Founding board member (Secretary 2019), Break Bread, a Colorado non-profit organization